

SATURDAY, February 29, 2020, 10:00am

OTTAWA COUNTY HEALTH CENTER



- Registration and check-in for the 5K Run/3K Walk will be at the Wellness Center from 9:30am—9:50am.
- All participants must check-in on the day of the race.
- Refreshments will be available after the event.
- Medals will be presented to the winners of the 5K run in each of the following categories: 10 & Under, 11-19, 20-29, 30-39, 40-49, 50 & Over. The top female and male walker will also be recognized.
- T-Shirts will be provided if registered by 2/9/20. Shirts can be upgraded to a Long-Sleeve Shirt for an additional fee.
- Participants are encouraged to wear a **RED DRESS!**

Registration is due by 2/9/20.

Late registrations will be accepted but will not receive a t-shirt.

FOR FAST & EASY REGISTRATION...register and pay ONLINE at www.ottawacountyhealthcenter.com

- **Registration is \$25 per person.** All pre-registered participants will receive a Red Dress Run T-Shirt.
- On-line registration is available at www.ottawacountyhealthcenter.com or you may complete and return the below registration form with the \$25 per person entry fee.
- Kids 10 & under are free, but a Child Registration Form must be completed.
- Please make checks payable to **Ottawa County Health Center Memorial Fund**
- Mail or Deliver registration form & payment to:

**Ottawa County Health Center/Red Dress Run
215 E. 8th St.
Minneapolis, KS 67467**

- For more event information visit www.ottawacountyhealthcenter.com
- Questions? Contact Jody Parks at jparks@ochc.net

Proceeds from the Red Dress Run will be used locally to help fund improvements for the Ottawa County Health Center Wellness Center.



Please Complete & Return This Portion

Name: _____ Age: _____ Gender: _____
Last First As of 2/29/20

Address: _____
Street Number City, State Zip Code

Email Address: _____ Phone Number: _____
Needed to communicate event information

Participation (Check one): 5K Run 3K Walk Wellness Center

Registration Fee is \$25

Shirt Information (T-Shirt included with paid registration):

Shirt Size: YL S M L XL 2XL 3XL 4XL

I would like to upgrade my shirt to a Long-Sleeve Shirt (Add \$5)

I would like to order additional shirts:

Short-Sleeve Shirt (\$15 Each) QTY: _____ SIZE: _____ AMT: _____

Long-Sleeve Shirt (\$20 Each) QTY: _____ SIZE: _____ AMT: _____

Cancellation/Refunds: The Red Dress Run will be held rain or shine. However, if weather conditions create an unsafe environment for participants, the Red Dress Run Committee reserves the right to cancel the event. The event will not be rescheduled and there will be no refunds offered. Notifications will be made via Facebook and email.

Waiver of Liability: In consideration of my entry being accepted, I waive any and all claims for myself, my administrators, and my heirs against all officials, sponsors, and organizations connected with the Red Dress Run/Walk for injury or illness that may directly or indirectly result from my participation in this event. I attest that I have full knowledge of the risks involved in this event and am physically fit and sufficiently trained to participate in this event. I also consent to the use of my name, my walk/run results, and photos of myself from the event in any form of promotional materials.

Signature _____ Date _____

Office Use Only: Paid by check # _____ Paid by cash _____ Total Amount Due \$ _____ Initials _____